

GN – Healthy Protein Pasta Salad



Ingredients:

For the Pasta salad:

- 1 box of Chickpea pasta
- 2 large carrots
- 1 bell pepper
- 1 seedless cucumber
- 1 small jar marinated artichoke hearts
- 1 roma tomato
- 1/2 cup green or kalamata olives
- 1/2 red onion
- Fresh herbs - I love parsley, dill or basil
- *Optional: feta or goat cheddar cheese*

For the Dressing:

- 1/2 cup olive oil
- 1/4 cup apple cider vinegar
- Juice of 1/2 a lemon
- 1 large clove of garlic, *minced*
- 1 tsp dried oregano or italian seasoning
- 1/2 tsp salt
- 1/4 tsp pepper

Preparation:

1. Cook pasta according to box instructions
2. While pasta cooks, wash and chop all veggies into bite sized pieces, halve olives, dice red onion and cheese (if using) or crumble it
3. Whisk together all dressing ingredients in a large bowl, add 1-2 T chopped fresh herbs (*can also leave this out if you have none!*)
4. Strain cooked pasta and toss immediately in dressing, add all veggies and serve!

Tip:

- This dish is great left over or made ahead of time.
- The dressing can also double as a great marinade!