GN - Roasted Veggie Mediterranean Quinoa Salad



Ingredients

- 1 cup quinoa
- 1 large zucchini
- 1 red pepper
- 4-5 radishes
- ½ cup chopped artichoke hearts
- ½ cucumber
- ½ cup chopped kalamata olives
- 1 lemon
- ~ 2 T chopped fresh mint
- Olive oil

Preparation

- 1. Preheat oven to 350 and line a cookie sheet with parchment paper
- 2. Rinse and cook quinoa according to package instructions and set aside
- 3. Wash and chop radish, zucchini and pepper into bite-sized pieces
- 4. Place chopped veggies on cookie sheet, toss in olive oil and cook for 10-12 min
- 5. Meanwhile, peel and chop cucumber and artichokes, and halve olives
- 6. Remove veggies from oven and let cool
- 7. Add quinoa, raw veggies, and cooled cooked veggies to a bowl
- 8. Add fresh mint, juice of a lemon, and 2-3 T olive oil + sea salt to taste